



# ALAMO HEIGHTS City news

Your Official Source from City Hall

June 2016

## The Village - Providing Care for the Elderly



As we see the demographics change in our City it is important to know what services are available within Alamo Heights. In the next couple of months we will highlight providers located right here in our City. Many might be aware of them but not sure of all the services that are provided.

**The Village at Incarnate Word** is a nonprofit organization that features independent living, assisted living, memory care, and extended nursing home care. The Village is a thriving community of 300 plus residents made up of many lay people of all walks of life, as well as retired Sisters of Charity of the Incarnate Word.

The Village also provides home care services throughout Bexar County, **Sisters Care**. The services of Sisters Care are performed by caregivers and certified nursing assistants who are trained regularly to care for a variety of needs such as personal care, homemaking, transportation, companionship, and spiritual care.

Another program that is offered by The Village but many are not aware of is **Connections at The Village**, a Community Outreach Program that is open to the public and welcomes all residents of Alamo Heights and surrounding cities. The primary goal is to promote the concept of healthy living. Connections provide education, family caregiver support and information, nutrition, illness prevention and self-care as well as dance, exercise, creative arts and friendly game competition. These services are provided at little or no cost to the greater community.

For more information or to RSVP for an event please call The Village at 829-7561 ext. 114 or visit their website at <http://www.iwretire.org/>.

## Welcome - New FireFighter



The Alamo Heights Fire Dept. is happy to welcome our newest member, Anessa Meadows. Firefighter Meadows brings several years of firefighter and paramedic experience to our department. She began her career with the Tucson Fire Department in 2006. She worked as a paramedic with Austin Travis County EMS and also with the Buda Fire Department prior to joining our department. She holds certifications as a Hazardous Materials Technician, Swiftwater Rescue Technician, and Fire Service Instructor.



## BRIEFS

### 4th of July Parade

Come join your neighbors in the 47th annual Hall and Pat Hammond Alamo Heights 4th of July Parade. Dress in your best red, white and blue attire. Decorated bikes, trikes and wagons welcomed!

- Monday, July 4th
- Begins at 10 a.m. at Estes and Patterson
- Marching Down towards Torcido to Cathedral Park

### Annual Water Quality Report

Will be available on July 1

- <http://www.alamoheightstx.gov/services/residential/drinking-water-quality-report/>

**PHONE NUMBERS:**

911 for EMERGENCY  
Fire/EMS (Non-Emergency): 824-1281  
Police (Non-Emergency): 822-3321  
Administration and Finance: 822-3331

Public Works: 882-1518  
Water: 882-1507  
Community Development: 826-0516  
Court Clerk: 882-1501



**PROTECT YOURSELF from MOSQUITO BITES**

Mosquitoes spread Zika and other viruses.



**Mosquito-proof your home**

Use screens on windows and doors. Use air conditioning when available. Keep mosquitoes from laying eggs in and near standing water.



**Use insect repellent It works!**

Look for the following active ingredients:  
• DEET • PICARIDIN • IR3535  
• OIL of LEMON EUCALYPTUS  
• PARA-MENTHANE-DIOL



**Wear protective clothes**

Wear long-sleeved shirts and long pants or use insect repellent. For extra protection, treat clothing with permethrin.



**Daytime is the most dangerous**

Mosquitoes that spread Zika are aggressive daytime biters. They can also bite at night.

**Movie Nights in the Heights**

Join us again this summer for Movie Nights in the Heights. Our first movie will be on **July 22nd** featuring **"Star Wars: The Force Awakens"**. It's a great way to enjoy an evening out with the family, meet the neighbors and just relax.

**This year Movie Nights is being sponsored by Randolph FCU.**

Movie starts at 8:30 p.m. and will be held next to the Nature Trails parking lot off Viesca Street. Remember to get there early for the best seats. Don't forget your coolers, chairs and blankets!



**CHIKUNGUNYA, DENGUE, or ZIKA: What is local transmission?**

A person who has not traveled recently gets bitten by an infected mosquito where they live, work, or play.



A mosquito bites a person who is sick. The mosquito gets infected.

Infected mosquitoes can then bite healthy people and spread the infection.

Within 3-7 days, the person may become sick. Other mosquitoes can bite the sick person, become infected, and bite more people.

**Protect yourself from mosquito bites. Use insect repellent.**

For more information:  
[www.cdc.gov/chikungunya](http://www.cdc.gov/chikungunya) • [www.cdc.gov/dengue](http://www.cdc.gov/dengue) • [www.cdc.gov/zika](http://www.cdc.gov/zika)



U.S. Department of Health and Human Services  
Centers for Disease Control and Prevention

CS262935A

**CITY CALENDAR**

**JUNE**

Tuesday, June 21	Architectural Review Board Meeting	5:30 p.m.
Monday, June 27	City Council Meeting	5:30 p.m.

**JULY**

Monday, July 4	Holiday - City Offices Closed*	
Tuesday, July 5	Planning and Zoning Meeting	5:30 p.m.
Wednesday, July 6	Board of Adjustment Meeting	5:30 p.m.
Monday, July 11	City Council Meeting	Canceled

\*Regular Garbage Pick-up