



4th of July Parade Success

The 49th Annual Neighborhood 4th of July Parade was a success! The volunteer committee who organized this event did a wonderful job. They would like to thank all the residents who came out to walk or watch the parade.

Next year will be the 50th Anniversary for the Alamo Heights Pat and Hall Hammond 4th of July Neighborhood Parade! So we hope to see you all help celebrate by joining in the parade, singing and enjoying refreshments with all your neighbors.

Heat Safety Tips

Remember a little amount of sun goes a long way. Stay hydrated...if you are not drinking enough water you are not protecting yourself. If you are working outside, take frequent breaks and drink plenty of water. Heat exhaustion and heat stroke come on so fast you may not realize it until it is too late. **Those highly at risk include infants, young children, elderly, pets and individuals with heart and circulatory problems.**

<u>*Heat Cramps*</u> - Symptoms: Pinpointed muscle cramps, fatigue and elevated temperature **Treatment:** Drink cool water and rest in a cool dry place.

<u>Heat Exhaustion</u> - Symptoms: Faintness or dizziness, nausea or vomiting, heavy sweating accompanied by cold, clammy skin, weak rapid pulse, muscle cramps and headache **Treatment:** Drink cool sports drinks, move into areas

with air condition or fan, place cool wet towels under the axillary points of the body.

<u>Heat Stroke</u> - Symptoms: Confusion, agitation, disorientation and absence or the inability to sweat **Treatment:** Call 911, this is a true medical life threatening emergency.



BRIEFS

Happenings in AH

Registration for the Alamo Heights/Fort Sam Houston Youth Soccer Fall 2018 season is now open.

For information regarding registration and fees, go to *www.ahfsh.org*

Sign Up for E-Billing

Introducing a new service that the AH Utilities is offering to our customers: *E-Billing/ Paperless Utility Billing.* You can now receive your monthly utility bill paperlessly via email.

Go to the City website at *www.alamoheightstx.gov* and click on Online Services. It will then take you to our Online Services web portal where you can sign up for E-Billing.

If you have any questions contact Marian Mendoza at 210-882-1508 or mmendoza@ alamoheightstx.gov.

Sign up to receive Alert notifications for the City of Alamo Heights with Smart911. https://www.alamoheightstx. gov/alert-notifications/

CITY CALENDAR

July

Tuesday, July 17 Architectural Review Board Meeting 5:30 p.m.

Monday, July 23 City Council Meeting 5:30 p.m.

Tuesday, July 31 Budget Worksession 8:30 a.m.



August

Wednesday, August 1 Board of Adjustment Meeting 5:30 p.m.

Monday, August 6 Planning and Zoning Meeting 5:30 p.m.

Monday, August 13 City Council Meeting 5:30 p.m.

Bicycle Safety Concerns

The City of AH is becoming increasingly popular for bicycle riders utilizing our streets as commuter routes, casual riding and high speed bicycle training routes. There has been increasing concern for the safety of riders who disregard stop signs, red lights and those who ride on the streets during hours of darkness without a headlamp or tail lamp.

Section 541.201(2) of the Texas Transportation Code identifies a "bicycle" as a vehicle subject to the traffic laws of Texas. Section 544.004 requires the operator of any vehicle (bicycle) to comply with traffic laws of Texas. Section 551.104 requires a headlamp and tail lamp when a bicycle is operated on a street during hours of darkness.

AH Police Dept. asks that all bicycle riders obey the traffic laws pertaining to red lights, stop signs and required lighting. Bright clothing is always recommended and do not forget to wear a good quality bicycle helmet at all times when riding a cycle whether on or off road.



1: PROTECT YOUR HEAD

• Always wear a helmet



2: OBEY ALL TRAFFIC LAWS & LIGHTS

• Bicycles must follow the rules of the road like other vehicles

Summer Travel Tips

3: ACT LIKE A CAR

- Drivers are used to the patterns of other drivers.
- Don't weave in and out of traffic
- The more predictably you ride, the safer you are
- Check for traffic and Be aware of traffic around you

All of us look forward to our summer vacations. Whether it's a "stay-cation" or beach getaway, there are a few things that we should consider.

- Let a neighbor/family know your plans and itinerary
- Stay off/limit time on social media
- Carry cash, credit cards and ID/Passport separately
- Know all exits and stairwells locations of your hotel
- Check out guides and reviews prior to booking
- Check the weather and be prepared

Lastly, enjoy your summer vacation!!



USEFUL PHONE NUMBERS

911 for EMERGENCY Fire/EMS (Non-Emergency): 210-824-1281 Police (Non-Emergency): 210-822-3321 Administration and Finance: 210-822-3331



Public Works: 210-882-1518 Water: 210-882-1507 Community Development: 210-826-0516 Court Clerk: 210-882-1501